



# Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

*Powered by Avera Sports*

## 7<sup>th</sup>-12<sup>th</sup> Grade Boys Advanced Offensive Skills Workout Open to all athletes

**Location:** STM High School Gym

**Cost:** \$165 *Online payment can be made at time of registration.*

### **Athletes will receive Warwick Workout shorts & t-shirt**

Weekly Workouts are the foundation to becoming a skilled basketball player. Athletes of all skill levels will benefit from the intensity and progression of weekly workouts. The foundational skills needed to be a great ball handler, shooter, and scorer are taught and built upon each week. The routines and drills taught during Warwick Workouts provide athletes with an easy transition to incorporate the skill development work into their individual or team workouts.

Saturday, September 12 <sup>th</sup>	1:45-3:15 pm
Saturday, September 19 <sup>th</sup>	1:45-3:15 pm
Saturday, September 26 <sup>th</sup>	1:45-3:15 pm
Saturday, October 3 <sup>rd</sup>	1:45-3:15 pm
Saturday, October 10 <sup>th</sup>	1:45-3:15 pm
Saturday, October 17 <sup>th</sup>	1:45-3:15 pm

**Register online at [www.warwickworkouts.com](http://www.warwickworkouts.com)**

**Find your session under the register HERE tab**

Contact Kris Warwick or Cody Schilling with questions about workouts

Email: [warwickworkouts@gmail.com](mailto:warwickworkouts@gmail.com)

Cell: (605) 391-6700 Kris or (712)461-2316 Cody

**WHERE CHAMPIONS TRAIN.**